

**Department of Community Medicine Pt.JLNGMC Chamba**  
**MBBS 2021 BATCH (F) Clinical Roster Time 10:30 AM To 01:30 PM**

Date	Topic	Faculty	Staff
01-03-2024	Introductions to family posting community survey & community diagnosis allotment of families (cm 2.1.cm17.2)	Dr. Harinder	Hitesh Kumar, Parmender Singh
04-03-2024	Socio –demographic/economic profile of family followed by visit (cm3.2 cm 3.4 cm 3.5)	Dr. Medha	Lokinder Kumar Parmender Singh
05-03-2024	Environmental survey of family +family visit (cm3.2,cm 3.4,cm3.5)	Dr. Nikita	Hitesh Kumar, Parmender Singh
06-03-2024	Assessment of personal hygiene of family member &health educations +family visit (cm4.1) Role of socio-cultural factor in family +family visit (cm2.1)	Dr. Kuldeep	Lokinder Kumar Parmender Singh
07-03-2024	Dietary Assessment of family ,family visit (cm5.1,cm5.2,cm5.4) Health record of individual /social problems +family visit (cm2.4)	Dr. Harinder	Hitesh Kumar, Parmender Singh
09-03-2024	Dietary Assessment of family ,family visit (cm5.1,cm5.2,cm5.4) Immunization / vaccinations assessment of under 5 children (cm10.5)	Dr. Harinder	Lokinder Kumar Parmender Singh
11-03-2024	Family presentation along with socio-clinical case discussion.	Dr. Medha	Hitesh Kumar, Parmender Singh
12-03-2024	Family presentation along with socio-clinical case discussion.	Dr. Nikita	Lokinder Kumar Parmender Singh
13-03-2024	Briefing on RHTC followed by visit to RHTC Chaned (CM 17.3)	Dr. Kuldeep	Hitesh Kumar, Parmender Singh
14-03-2024	Briefing on UHTC followed by visit to UHTC Mai Ka Baag (CM 17.3)	Dr. Medha	Lokinder Kumar Parmender Singh
15-03-2024	Briefing on CHC followed by visit to CHC Sahoo (CM 17.5)	Dr. Nikita	Hitesh Kumar, Parmender Singh
16-03-2024	Briefing on Sub- Centre followed by visit to Sub-Centre-Cheema	Dr. Kuldeep	Lokinder Kumar Parmender Singh
18-03-2024	Briefing on Water Treatment Plant followed by Visit to Water Treatment Plant – Zadera	Dr. Medha	Hitesh Kumar, Parmender Singh
19-03-2024	Briefing on Leprosy Followed by visit to Leprosy Hospital Sarol	Dr. Nikita	Lokinder Kumar Parmender Singh
20-03-2024	Briefing on PHC / HWC followed by visit to PHC HWC Pukhri. (CM 17.3)	Dr. Kuldeep	Hitesh Kumar, Parmender Singh
21-03-2024	Briefing on Water Treatment Plant followed by Visit to Water Treatment Plant – Zadera	Dr. Medha	Lokinder Kumar Parmender Singh
22-03-2024	Briefing on NTEP followed by DOTS Centre visit (CM 8.3)	Dr. Nikita	Hitesh Kumar, Parmender Singh
23-03-2024	Briefing on Health Check-up Diabetic Case (CM 8.2) followed by family visit	Dr. Kuldeep	Lokinder Kumar Parmender Singh
26-03-2024	Briefing on Health Check-up Hypertension Case (CM 8.2) followed by family visit	Dr. Medha	Hitesh Kumar, Parmender Singh
27-03-2024	Immunizations /vaccinations assessment of under 5 children (cm10.5) followed by family visit	Dr. Nikita	

28-03-2024	Visit to Anganwadi centre chountra (Cm5.6) Briefing about ICDS programme	Dr. Kuldeep	Hitesh Kumar, Parmender Singh
30-03-2024	Briefing on TB programme followed by TB Hospital visit	Dr. Medha	Lokinder Kumar Parmender Singh
01-04-2024	Briefing on ICTC followed by ICTC centre visit	Dr. Nikita	Hitesh Kumar, Parmender Singh
02-04-2024	Family presentation along with socio-clinical case discussion.	Dr. Kuldeep	Lokinder Kumar Parmender Singh
03-04-2024	Family presentation along with socio-clinical case discussion.	Dr. Medha	Hitesh Kumar, Parmender Singh
04-04-2024	Formative assessment (MCQ/OSCE/ESQ)	Dr. Nikita	Lokinder Kumar Parmender Singh
05-04-2024	Formative assessment (MCQ/OSCE/ESQ)	Dr. Kuldeep	Hitesh Kumar, Parmender Singh
06-04-2024	File Checking	All faculty	Lokinder Kumar Parmender Singh
08-04-2024	File Checking	All faculty	Hitesh Kumar, Parmender Singh

**Note:-** In case of any doubt / overlapping of classes , kindly bring the matter to the notice of the undersigned in advance , any exchange of classes has to be with the prior permission of undersigned .

**Prepared and checked by**

**Prof. & Head  
Community Medicine Department  
Pt. JLNGMCH, Chamba**

**Copy to :-**

1. Dr. Sunil Tutor Anatomy Deptt. Nodal Officer website for information

**Department of Community Medicine Pt.JLNGMC Chamba**  
**MBBS 2022 BATCH Theory Roster**

Date	Topic	Time	Faculty/SR
11-03-2024	Test	8:30 AM to 9:30AM	All Faculty
15-03-2024	Describe and discuss the principles and demonstrate the methods of collection classification analysis interpretation and presentation of statistical data CM 6.2	9.30.AM to 10.30AM	Dr. Nikita
22-03-2024	Describe discuss and demonstrate the application of elementary statistical methods including test of significance in various study designs Enumerate, discuss and demonstrate common sampling techniques simple statistical methods frequency distribution, measures of central tendency and dispersion CM 6.3 CM 6.4	9.30.AM to 10.30AM	Dr. Nikita
22-03-2024	Describe the common sources of various nutrients and special nutritional requirements according to age,sex, activity, physiological conditions. Describe and demonstrate the correct methods of performing a nutritional assessment of individuals, families and the community by using the appropriate methods CM 5.1 CM 5.2	11:30 Am to 12:30 PM	Dr. Kuldeep

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**Pt. JLNGMCH, Chamba**



**MBBS 2021 batch Theory Roster**

<b>Date</b>	<b>Topic</b>	<b>Faculty</b>	<b>Time</b>
06-03-2024	Describe the common sources of various nutrients and special nutritional requirements according to age,sex, activity, physiological conditions. Describe and demonstrate the correct methods of performing a nutritional assessment of individuals, families and the community by using the appropriate methods CM 5.1 CM 5.2	Dr. Kuldeep	02:00-03:00 PM
07-03-2024	Define and demonstrate the correct method of performing a nutritional assessment of individuals, families and the community by using the appropriate methods CM 5.3	Dr. Harinder	03:00-04:00 PM
09-03-2024	Define and demonstrate the correct method of performing a nutritional assessment of individuals, families and the community by using the appropriate methods CM 5.3	Dr. Kuldeep	09:30-10:30 AM
13-03-2024	Enumerate and discuss the National nutrition policy, important national nutritional programme including the Integrated Child Development Services Scheme (ICDS) CM 5.6	Dr. Nikita	02:00-03:00 PM
14-03-2024	Describe food hygiene Describe and discuss the importance and methods of food fortification and effects additives and adulteration CM 5.7 CM 5.8	Dr. Harinder	03:00-04:00 PM
16-03-2024	Describe and discuss the principles and demonstrate the methods of collection classification analysis interpretation and presentation of statistical data CM 6.2	Dr. Nikita	09:30-10:30 AM
20-03-2024	Describe discuss and demonstrate the application of elementary statistical methods including test of significance in various study designs Enumerate, discuss and demonstrate common sampling techniques simple statistical methods frequency distribution, measures of central tendency and dispersion CM 6.3 CM 6.4	Dr. Nikita	02:00-03:00 PM
21-03-2024	Describe the current status of reproductive, Maternal, new born and child health Enumerate and describe the methods of screening high- risk groups and common health problems CM 10.1 CM 10.2	Dr. Medha	03:00-04:00 PM
23-03-2024	Describe local customs and practices during pregnancy child birth lactation and child feeding practices Describe the reproductive maternal newborn and child health (RMCH) Describe physiology ,clinical management and principles of adolescent health including ARSH CM 10.3CM 10.4 CM10.8	Dr. Medha	09:30-10:30 AM
27-03-2024	Describe universal immunization programme ,integrated management of neonatal and childhood illness (IMNCI) and other existing programs CM 10.5	Dr. Kuldeep	02:00-03:00 PM
28-03-2024	Enumerate and describe various family planning methods their advantages and shortcoming Enumerate and describe the basis and principles of the family welfare programme including the organization technical and operational aspects Describe and discuss gender issues and women empowerment CM 10.6 CM 10.7 CM 10.9	Dr. Medha	03:00-04:00 PM
30-03-2024	Define and describe the concept of geriatric services Describe health problems of aged population CM 12.1&12.2	Dr. Kuldeep	09:30-10:30 AM

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